

From Reactive To Proactive

A Chiropractor's Strategy

by Dr. Wade Port

All across America, in every city, suburb, and neighborhood, there are massive amounts of people who are casualties of a system that fosters sickness, symptoms, and disease. In this "magic bullet" culture, people have been left for dead because the magic bullets made them worse or their insurance policies and bank accounts have run dry.

Our loved ones are falling through the cracks and aren't getting the attention they deserve. However, there is good news. We harbor these let down and forgotten refugees of the American medical system in our chiropractic office every day. When the health paradigm shifts from a "cure me" approach to "inside-out healing," true potential is unleashed. My job is to help you experience that full potential which is far greater than you ever imagined.

Many people feel that health is a destination. From my many years of clinical experience helping people with significant health challenges, I know it's a process and a journey. The common thread that binds these medical refugees is they have been told to live with their challenges. In my experience, everyone can improve their health. Does that mean they will make a full recovery? Not always, but they can improve if given the chance.

When people are functioning better, more possibilities open up. They report that their marriage, their careers, even their income are better. They gain the



ability to love and honor themselves, as well as trust in life.

The intelligence inside your body works night and day and doesn't just take care of you when you are sick. Your heart beating and a cut that's healing do not require your conscious effort. All of these processes are constantly coordinated through the vast neural network between your brain and every part of your body. Chiropractic is a system to assess how your spine, brain, and nerves are communicating. Are you in "fight or flight" stress mode or are you in "growing and healing" mode?

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